

The Pulse

Keeping a pulse on healthcare integration at RBH



More than 6 million American's are living with Alzheimer's. **This disease is the seventh leading cause of death in the United States and is the most common form of dementia.** Dementia is a general term for memory loss and other cognitive abilities serious enough to interfere with daily life. Over 11 million Americans provide unpaid care to someone with Alzheimer's or dementia. Alzheimer's and dementia deaths have increased by 16% during the COVID-19 pandemic. Alzheimer's is a progressive disease in which symptoms gradually worsen over a number of years. **Unfortunately, in the late stages of Alzheimer's individuals lose the ability to carry on a conversation and respond to their environment.** The most common early symptom of Alzheimer's is difficulty remembering newly learned information because Alzheimer's changes typically begin in the part of the brain that affects learning. **As Alzheimer's progresses it leads to increasingly severe symptoms including but not limited to unfounded suspicions about family, friends and professional caregivers; disorientation; mood and behavior changes; deepening confusion about events, time and place; more serious memory loss and behavior changes; and difficulty speaking, swallowing and walking.** Those with Alzheimer's live an average of eight years after their symptoms become noticeable to others, however survival can range from four to 20 years, depending on other health conditions. The greatest known risk factor is increasing age. The majority of people with Alzheimer's are 65 and older. **Alzheimer's treatments cannot stop its progression, but only temporarily slow the symptoms and improve quality of life for those with Alzheimer's and their caregivers.**

For more information visit the Alzheimer's Association website at https://www.alz.org/about/awareness_campaigns.

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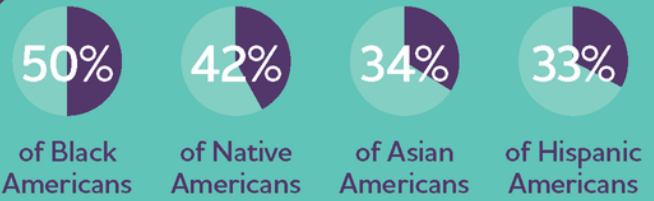
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2021 ALZHEIMER'S DISEASE FACTS AND FIGURES

DISCRIMINATION

is a barrier to Alzheimer's and dementia care. These populations reported discrimination when seeking health care:



1 IN 3

seniors dies with Alzheimer's or another dementia



It kills more than

BREAST CANCER



PROSTATE CANCER

COMBINED



MORE THAN 6 MILLION

Americans are living with Alzheimer's

Between 2000 and 2019, deaths from heart disease have **DECREASED 7.3%**

while deaths from Alzheimer's disease have **INCREASED 145%**

Alzheimer's and dementia deaths have increased

16%

during the COVID-19 pandemic



In 2021, Alzheimer's and other dementias will cost the nation **\$355 BILLION**



By 2050, these costs could rise to more than

\$1.1 TRILLION

OVER 11 MILLION

Americans provide unpaid care for people with Alzheimer's or other dementias



These caregivers provided an estimated 15.3 billion hours valued at nearly

\$257 BILLION



W h a t y o u n e e d
t o k n o w a b o u t

O B A T

- OBAT stands for the Office-Based Addiction Treatment.
- The RICH Recovery Clinic provides treatment services for individuals diagnosed with Opioid Use Disorder.
- Participants must be a RBHA client and participate regularly in weekly counseling sessions.
- It provides Medication Assisted Treatment in order to assist clients in abstaining from the use of opiates.
- Over 240 RICH Recovery Clinic clients receive services from the OBAT program.
- Must submit a referral to Substance Use Disorder (SUD) services to be admitted in the OBAT program.

1-833-4PEERVA

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www.AliveRVA.org

Facebook and Instagram@AliveRVAwarmline

**Peer Recovery
Warm Line**

*Listening and
Recovery Support*

*Treatment,
Housing, Food &
Health Resources*

*You don't have to
face this alone.*

Call us.

**OPEN DURING
HOLIDAYS**

We encourage those
struggling with
addiction, their loved
ones & community
members to reach out.



Alive RVA Warm Line

8:00 am—12:00 midnight

7 days/week

**Talk to trained individuals with lived experience in
addiction recovery. Safe and confidential.**

We're here to help.

Alive RVA Project Partners:

Substance Abuse & Addiction Recovery Alliance (SAARA);

Mental Health America of Virginia;

Richmond Behavioral Health Authority.

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